Psychology // MAJOR MAP Bachelor of Arts/Bachelor of Science



	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR	CAREER
Grow ACADEMICALLY	Investigate introductory courses like PSY 1013 General Psychology and SOC 1003 Introductory Sociology. Familiarize yourself with your department by getting to know the professors and students.	Complete PSY 2063 Systems of Psychology, BEH 2233 Intro to Research, BEH 2001 Writing for Behavioral Sciences, and SOC 2012 Human Diversity for your major and general education requirements. Continue exploring other introductory courses in the department such as SWK 2003 Introduction to Social Work and CRJ 2313 Introduction to Criminal Justice.	Continue engaging in major- specific courses such as BEH 3243 Elementary Statistics, PSY 3033 Abnormal Psychology, and PSY 3063 Human Growth and Development. Explore career and graduate school options in BEH 3001 Career Exploration and Preparation. Consider a second major or minor to increase knowledge, skills, and marketability.	 BEH 4001 Professional Ethics in the Behavior Sciences and other upper- level psychology electives will bring your academic experiences together and prepare you for your desired career path upon graduation. Go deeper into your major by considering an independent study course on a topic of your choice or specialized upper level electives related to your career. 	POSSIBILITIES Adoption or foster care case manager Ministry Vocational rehabilitation case manager Human resources Psychology technician Mental health case
Pursue SERVANT LEADERSHIP	Participate in student organizations and service opportunities with Behavioral Sciences Club and Social Work Club. Engage in Chapel services and explore other Community Life + Worship opportunities.	Participate in service opportunities with Behavioral Sciences Club, Psi Chi, Social Work Club, Sociology and Criminal Justice Society (SCJS), and Phi Alpha.	Join Behavioral Sciences Club, Psi Chi, SCJS, Phi Alpha, or the Social Work Club, and help with service projects.	Step into club leadership positions. Consider presenting research at a student conference. Spread the word about what clubs, honor society leadership, organizations, and events you have enjoyed and help others to get connected on campus.	worker Caregiver for people with developmental disabilities Recreation or activities director Therapeutic Camp worker Careers requiring a
Embrace OUR GLOBAL SOCIETY	Visit SBU's Center for Global Connections to learn about global service opportunities. Consider taking the language placement exam with the Foreign Language Institute (FLI).	Serve on a local Global Connections service project. Are you interested in studying abroad? Ask your advisor or Career Services about study abroad opportunities. Enroll in a new language at the FLI and explore languages through MANGO.	Serve on a Global Connections service opportunity outside the local community. Continue building your language skills.	Assess what opportunities, locally and globally, are available upon graduation. Consider ways you can serve as a leader in service projects.	Careers requiring a graduate degree: Counselor Licensed professional counselor Licensed psychologist Pastoral Counselor Research psychologist
Plan for YOUR FUTURE	Discuss career interests with an advisor and research job options so that your goals can inform your class selection, choice of minor, and internship research. Attend the Spring Majors Meeting for all Behavioral Sciences majors.	Conduct informational interviews with professionals in your desired career field. Apply for departmental scholarships. Pursue internship opportunities by networking at career fairs held on campus.	Prepare for the Graduate Record Examination (GRE). Apply for departmental scholarships. Plan for a summer internship or community project class to explore career options.	Explore and apply to graduate schools, if you desire to continue your education. Identify and ask individuals if they will write letters of reference/ recommendation for you. Finalize your résumé and cover letter. Apply for jobs in the field.	or statistician Marriage and family counselor School counselor Art or music therapist