Physical Education // MAJOR MAP Bachelor of Science

Southwest Baptist

	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR	CAREER
Grow ACADEMICALLY	Investigate introductory courses like BIO 1004 Principles of Biology, KIN 1033 Foundations of Physical Education, and KIN 1163 Foundations of Physical Fitness/Wellness for Professionals. Familiarize yourself with your department by getting to know the professors and other students within your major.	Explore career goals with your advisor and discuss the WinterFest class, KIN 2133 Principles of Human Anatomy. Ensure your academic performance qualifies you for upper level education courses by maintaining a 3.0 GPA in major and education classes and a 2.75 overall GPA.	EDU 2141 Field Experience I and KIN 3133 Teaching Elementary Physical Education will integrate your discipline and educational pedagogy.	EDU 3341 Field Experience II, EDU 4959 Student Teaching K-12 School System, EDU 4691 Student Teaching Seminar, and EDU 4832 Assessment and Evaluation of Learners will prepare you for your career as a Physical Education teacher.	POSSIBILITIES Teacher Athletic Coach Athletic Director Athletic Trainer Performance Analyst Sports and Recreation
Pursue SERVANT LEADERSHIP	Participate in student organizations and professional associations like SBU's chapter of Student Missouri State Teachers Association (SMSTA) as well as the Missouri Association for Health, Physical Education, Recreation and Dance (MOAPHERD).	Consider volunteering on campus or with a community organization.	Take responsibility in your extra- curricular activities. Consider a leadership role within your club/organization or make a new member feel welcome.	Spread the word about what clubs/ organizations/events you have enjoyed at SBU and help others get connected on campus.	Manager Health Researcher Education Administrator Exercise Physiologist Fitness Instructor Physical Therapist
Embrace OUR GLOBAL SOCIETY	Visit SBU's Center for Global Connections to learn about global service opportunities.	Are you interested in studying abroad? Ask your advisor or Career Services about study abroad opportunities.	Explore another culture or improve your language skills by taking a class or being involved with the Center for Global Connections.	Assess what opportunities, locally and globally, are available upon graduation.	Recreation Worker Physical Therapist Assistant and Aide Aerobics Instructor
Plan for YOUR FUTURE	Discuss your career interests with an advisor and research job options. Use the Occupational Outlook Handbook to discover information and job projections.	Use your field experience to make professional connections and build your career network. Consider when you should complete the Missouri General Education Assessment (MoGEA).	Schedule an appointment with Career Services for information on building your résumé and cover letter. Prepare for the Missouri Content Assessment.	Identify and ask individuals if they will write of reference/ recommendation for you. Finalize your résumé and cover letter. Plan a time to meet with the Gareer Services Director to practice a mock interview.	Nutritionist Personal Trainer Director of Intramural Sports Camp Director