





Exercise Science // MAJOR MAP

Bachelor of Science

Tracks: Rehabilitative Sciences-PT



Southwest Baptist
UNIVERSITY

	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR	CAREER POSSIBILITIES
 Grow ACADEMICALLY	<p>Investigate introductory courses like ESC 1013 Intro to Exercise Science, COM 1103 Foundations of Speech, CIS 1103 Computer and Information Management, and BIO 1004 Principles of Biology.</p> <p>Familiarize yourself with your department by getting to know the professors and other students within your major.</p>	<p>Explore career goals with your advisor and talk about areas of interest. This major is designed to prepare you for any of the rehabilitative sciences, such as athletic training, occupational therapy, physician assistant, or physical therapy programs.</p>	<p>Participate in clinicals. Your Clinical Coordinator will attempt to place you in clinical opportunities that reflect your interest, but the Department of Kinesiology also desires to give you experiences within all the various health care settings that are available.</p>	<p>ESC 4043 Practicum will bring your academic experiences together and give you the experience you need for your desired career path upon graduation.</p>	<p>Athletic Trainer</p> <p>Occupational Therapist</p> <p>Physician Assistant</p> <p>Physical Therapist</p>
 Pursue SERVANT LEADERSHIP	<p>Participate in student organizations and professional associations such as Pre-Physical Therapy Club, Pre-Health Club, The American Physical Therapy Association, and The National Athletic Trainers' Association.</p>	<p>Consider a leadership role within the athletic training room clinical environment. By demonstrating leadership qualities and level in the program, your clinical instructor will assign you student leadership responsibilities.</p>	<p>As you continue through your program, demonstrate the provision of quality health care to the 400+ student-athletes at SBU.</p>	<p>Apply your learned clinical skills to the student-athletes on campus.</p>	<p>Exercise Physiologist</p> <p>Orthopedic Physical Therapy</p> <p>Neurological Physical Therapy</p> <p>Cardiopulmonary Physical Therapy</p>
 Embrace OUR GLOBAL SOCIETY	<p>Visit SBU's Center for Global Connections to learn about global service opportunities.</p> <p>If you are interested, attend Pre-PT Club meetings to learn about opportunities to serve the community and join with doctoral students in service projects such as Go Baby Go.</p>	<p>Are you interested in studying abroad? Ask your advisor or Career Services about study abroad opportunities.</p>	<p>Each year, SBU's orthopedic surgeon coordinates a medical mission trip to a foreign country. Consider attending this to gain relevant professional and cultural experience.</p>	<p>Consider the Doctor of Physical Therapy program's Global Health Outreach, which is a global service organization that is open to students, alumni, and other clinicians.</p> <p>Assess what opportunities, locally and globally, are available upon graduation.</p>	<p>Pediatric Physical Therapy</p> <p>Recreational Therapist</p> <p>Vestibular Rehabilitation</p>
 Plan for YOUR FUTURE	<p>Seek to develop positive relationships with your clinical instructors. These clinical instructors will be the individuals who write relevant letters of recommendation to graduate school.</p>	<p>Begin building your résumé by keeping track of all clubs, organizations, and any relevant experience. Continue this through your college career.</p>	<p>If you are interested, the online application for Doctor of Physical Therapy opens in the summer. This application is found at www.PTCAS.org.</p>	<p>Prepare for any post-graduate certifications.</p> <p>Identify and ask individuals if they will write letters of reference/recommendation for you.</p> <p>Finalize your résumé and cover letter.</p>	<p>Chiropractor</p> <p>EMT and Paramedic</p>