



### Discipline

- **Purpose Statement:** Students discover practices to promote holistic wellness.
- **Outcome:** Students will develop holistic principles of health for their own well-being.

### Inquiry

- **Purpose Statement:** Students discover an understanding of scientific inquiry and processes which allows them to evaluate the validity of scientific methodology.
- **Outcome:** Students will apply processes to evaluate scientific evidence and argument.

### Society

- **Purpose Statement:** Students discover an understanding of how the past impacts present societal structures which shape individuals, cultures, and civilizations.
- **Outcome:** Students will reflect on how the past and present impact societal structures.

### Communication

- **Purpose Statement:** Students discover the ability to communicate effectively through reading, writing, speaking, and listening.
- **Outcome:** Students will communicate effectively through reading, writing, speaking, and listening.

### Opportunities

- **Purpose Statements:** Students discover a value system that is founded on a biblical worldview.
- **Outcome:** Students will identify their abilities as a learner and develop a personal value system within the educational community.

### Values

- **Purpose Statement:** Students discover a commitment to Christ which equips them to engage with others in a diverse world.
- **Outcome:** Students will develop and strengthen a commitment to Christ and engage others in a diverse world.

### Enrichment

- **Purpose Statement:** Students discover the enrichment of the human spirit provided through the visual and performing arts.
- **Outcome:** Students will develop a personal response to works of fine art.

### Reasoning

- **Purpose Statement:** Students discover an ability to think creatively and critically to engage in research, problem-solving, and life-long learning.
- **Outcome:** Students will demonstrate inquiry-based, creative, and critical thinking skills that deepen their ability to engage in problem solving, research, and life-long learning.



# Southwest Baptist UNIVERSITY

## DISCOVER CORE CURRICULUM

**Discipline:** developing practices of holistic wellness

**TOTAL: 3 Credits**

**Discipline Options: 3 Credits**

- |  |   |
|--|---|
| <input type="checkbox"/> BIO/KIN 2243 Nutrition                            | <input type="checkbox"/> KIN 1163 Foundations of Physical Fitness for Professionals |
| <input type="checkbox"/> EDU 2113 Educational Psychology                   | <input type="checkbox"/> PSY 1013 General Psychology                                |
| <input type="checkbox"/> KIN 1162 Foundations of Physical Fitness/Wellness |   |
|  |   |
| <input type="checkbox"/> KIN (1,3)091-1 Men's Varsity Basketball           | <input type="checkbox"/> KIN (1,3)091-2 Women's Varsity Basketball                  |
| <input type="checkbox"/> KIN (1,3)111-1 Men's Varsity Soccer               | <input type="checkbox"/> KIN (1,3)141-2 Women's Varsity Swimming                    |
| <input type="checkbox"/> KIN (1,3)141-1 Men's Varsity Swimming             | <input type="checkbox"/> KIN (1,3)291-2 Women's Varsity Tennis                      |
| <input type="checkbox"/> KIN (1,3)191-1 Men's Varsity Baseball             | <input type="checkbox"/> KIN (1,3)391-2 Women's Varsity Cross Country               |
| <input type="checkbox"/> KIN (1,3)291-1 Men's Varsity Tennis               | <input type="checkbox"/> KIN (1,3)591-2 Women's Varsity Track                       |
| <input type="checkbox"/> KIN (1,3)391-1 Men's Varsity Cross Country        | <input type="checkbox"/> KIN (1,3)791-2 Women's Varsity Softball                    |
| <input type="checkbox"/> KIN (1,3)591-1 Men's Varsity Track                | <input type="checkbox"/> KIN (1,3)881-2 Women's Varsity Beach Volleyball            |
| <input type="checkbox"/> KIN (1,3)491-1 Men's Varsity Football             | <input type="checkbox"/> KIN (1,3)891-2 Women's Varsity Volleyball                  |
| <input type="checkbox"/> KIN (1,3)891-1 Men's Varsity Volleyball           | <input type="checkbox"/> KIN (1,3)991-2 Cheer and Stunt                             |

**Inquiry:** assessing the validity of scientific processes

**TOTAL: 4 Credits**

**Inquiry Options: 4 Credits**

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|--|--|
| <input type="checkbox"/> AGR 1114 Introduction to Soil Science           | <input type="checkbox"/> CHE 1103/1101 Principles of Chemistry & Lab                         |
| <input type="checkbox"/> BIO 1003/1001 Principles of Biology & Lab       | <input type="checkbox"/> CHE 1113/1111 General Chemistry I & Lab                             |
| <input type="checkbox"/> BIO 2204 Human Anatomy and Physiology I         | <input type="checkbox"/> PHS 1003/1001 Introduction to Physical Science & Lab                |
| <input type="checkbox"/> BIO 2213 Introduction to Microbiology           | <input type="checkbox"/> PHS 1113/1111 Introduction to Earth Science & Lab                   |
| <input type="checkbox"/> BIO 3304 Human Anatomy and Physiology II        | <input type="checkbox"/> PHS 2005 Physical Science for Elementary and Middle School Teachers |
| <input type="checkbox"/> BIO 2414 Human Anatomy for Health               | <input type="checkbox"/> PHS 2313/2311 Astronomy & Lab                                       |
| <input type="checkbox"/> BIO 3414 Human Physiology for Health            | <input type="checkbox"/> PHY 1113/1111 General Physics I & Lab                               |
| <input type="checkbox"/> CHE 1003/1001 Chemistry for Allied Health & Lab | <input type="checkbox"/> PHY 2214/2211 University Physics I & Lab                            |

**Society:** understanding personal responsibility as a member in a diverse world

**TOTAL: 6 Credits**

**American Studies Options: 3 Credits**

- |   |  |
|---|--|
| <input type="checkbox"/> HIS 2213 History of the United States 1492-1865    | <input type="checkbox"/> POL 1113 American Government and Politics |
| <input type="checkbox"/> HIS 2223 History of the United States 1865-Present |  |

**Social Studies Options: 3 Credits**

- |   |   |
|---|---|
| <input type="checkbox"/> CRJ 2313 Introduction to Criminal Justice  | <input type="checkbox"/> HON 2773 The Great Thinkers                  |
| <input type="checkbox"/> ECO 2023 Principles of Microeconomics  | <input type="checkbox"/> MUS 1633 Survey of Music Literature          |
| <input type="checkbox"/> ECO 2033 Principles of Macroeconomics  | <input type="checkbox"/> POL 2223 American State and Local Government |
| <input type="checkbox"/> GEO 1103 Geography   | <input type="checkbox"/> SOC 1003 Introduction to Sociology           |
| <input type="checkbox"/> HIS 1113 Introduction to the History of World Civilization: From the Earliest Times to the Renaissance | <input type="checkbox"/> THE 3773 History of Christianity             |
| <input type="checkbox"/> HIS 1123 Introduction to the History of World Civilization: From the Renaissance to the Present        |   |
| <input type="checkbox"/> HIS 1123 Introduction to World Civilization II   |   |

**Communication:** conveying meaning through reading, writing, speaking, and listening

**TOTAL: 9 Credits**

**Composition Required: 3 Credits**

- ☐ ENG 1113 English Composition I

**Composition Options: 3 Credits**

- |  |  |
|--|--|
| <input type="checkbox"/> COM/ENG 3813 Professional Writing and Editing | <input type="checkbox"/> ENG 2213 English Composition II |
| <input type="checkbox"/> COM/ENG 3823 Journalistic Writing and Editing |  |

**Communication Options: 3 Credits**

- |  |   |
|--|---|
| <input type="checkbox"/> COM 1103 Fundamentals of Speech Communication | <input type="checkbox"/> COM 2393 Interpersonal Communication |
|--|---|

**Opportunities:** engaging in personal development through community

**TOTAL: 1 Credit**

**Opportunities Required: 1 Credit**

- ☐ UNI 1111 University Seminar  
(HON 1111 Honors University Seminar)

**Values: learning what it means to live a faithful life****TOTAL: 10 Credits****Values Required: 6 Credits**

- ☐ BIB 1013 Old Testament History  
(HON 1233 Honors Old Testament Theology)
- ☐ BIB 1023 New Testament History

**Spiritual Formation Options: 2 Credits**

- ☐ EDU 4593 Spiritual Issues in the Classroom
- ☐ HSC/NRS/NUR 3453 Spirituality in Health Care
- ☐ SPF 2033 Spiritual Formation for Ministry
- ☐ THE 1012 Intro to Christianity

**Cultural Awareness Options: 2 Credits**

- ☐ EDU 4623 Teaching Diverse Learners
- ☐ ENG 2313 Survey of World Literature
- ☐ HON 3882 Honors Servant Leadership
- ☐ HSC/NRS/NUR 4013 Health Care in Culturally Diverse Populations
- ☐ MIS 2013 Anthropology for Cross-Cultural Service
- ☐ MIS 290(1,2,3) Same-Culture Service Project
- ☐ MIS 291(1,2,3) Cross-Cultural Service Project
- ☐ MUS 2602 Survey of World Music
- ☐ SOC 2012 Human Diversity
- ☐ SWK 3043 Social Work with Diverse Populations

**Enrichment: appreciating aesthetic standards****TOTAL: 3 Credits****Enrichment Options: 3 Credits**

- ☐ ART/FAR 1013 Introduction to Art
- ☐ ART 1103 Design
- ☐ ART 1203 Drawing I
- ☐ ART 2003 Photography I
- ☐ ART 2013 Ceramics I
- ☐ ART 2023 Sculpture I
- ☐ ART 2033 Painting I
- ☐ ART 2703 Introduction to Graphic Design
- ☐ ART 2803 Art History I
- ☐ ART 2813 Art History II
- ☐ FAR 1023 Introduction to Music
- ☐ FAR 1033 Introduction to Theatre
- ☐ HON 1003 The Arts through the Eyes of Faith
- ☐ MUS 1613 Theory I
- ☐ MUS (1,2,3,4)001 University Singers
- ☐ MUS (1,2,3,4)011 SBU Chorale
- ☐ MUS (1,2,3,4)021 Wind Symphony
- ☐ MUS (1,2,3,4)031 Chamber Orchestra
- ☐ MUS (1,2,3,4)041 Opera Theatre
- ☐ MUS (1,2,3,4)051 Jazz Ensemble
- ☐ MUS (1,2,3,4)091 University Band
- ☐ MUS (1,2,3,4)511 Chamber Singers

**Reasoning: developing research-based, critical thinking skills****TOTAL: 4 Credits****Reasoning Required: 1 Credit**

- ☐ UNI 1121 Introduction to Critical Thinking  
(HON 1121 Honors Introduction to Critical Thinking)

**Reasoning Options: 3 Credits**

- ☐ BEH 2243 Statistics
- ☐ BUS 2023 Business Statistics
- ☐ MAT 1163 Pre-Calculus
- ☐ MAT 1195 Calculus I
- ☐ MAT 1243 Algebraic Reasoning and Modeling
- ☐ MAT 2393 Geometry, Data, and Probability for Elementary and Middle School Teachers

**DISCOVER TOTAL: 40 CREDITS**