



Southwest Baptist UNIVERSITY

BACHELOR OF SCIENCE IN SPORTS PSYCHOLOGY

FRESHMAN - FALL SEMESTER

BEH 2243	Reasoning: Statistics*	3
BIB 1013	Values: Old Testament History	3
ENG 1113	Communication: English Composition I	3
PSY 1013	Discipline: General Psychology	3
SOC 2012	Values: Human Diversity*	2
UNI 1111	Opportunities: University Seminar	1
Total Credits		15

FRESHMAN - SPRING SEMESTER

BIB 1023	Values: New Testament History	3
UNI 1121	Reasoning: Introduction to Critical Thinking	1
DISCOVER	Communication: (Composition Options)	3
DISCOVER	Enrichment: (Enrichment Options)	3
KIN 1163	Foundations of Physical Fitness for Professionals	3
PSY 2063	Systems of Psychology	3
Total Credits		16

SOPHOMORE - FALL SEMESTER

BIO 1003 & 1001	Inquiry: Principles of Biology & Lab*	4
DISCOVER	Communication: (Communication Options)	3
DISCOVER	Values: (Spiritual Formation Options)	2
PSY 3063	Human Growth and Development	3
SPM 1113	Introduction to Sport Management	3
Total Credits		15

SOPHOMORE - SPRING SEMESTER

DISCOVER	Society: (American Studies Options)	3
PSY 3033	Abnormal Psychology	3
PSY 3393	Introduction to Sports Psychology	3
ELECTIVE	Student Selection	6
Total Credits		15

JUNIOR - FALL SEMESTER

BIO 2204 /	Human Anatomy and Physiology I	4
BIO 2414	Human Anatomy for Health Sciences	
PSY 4093 or	Behavioral Analysis or	3
PSY 4263	Physiological Psychology	
CHOICE	Sports Psychology Choice	3
ELECTIVE	Student Selection	6
Total Credits		16

JUNIOR - SPRING SEMESTER

DISCOVER	Society: (Social Studies Options)	3
BEH 3073 /	Social Psychology	3
KIN 4013	Sport in American Society	
PSY 3313	Introduction to Counseling	3
ELECTIVE	Student Selection	6
Total Credits		15

SENIOR - FALL SEMESTER

PSY 4093 or	Behavioral Analysis or	3
PSY 4263	Physiological Psychology	
ELECTIVE	Student Selection	12
Total Credits		15

SENIOR - SPRING SEMESTER

CHOICE	Sports Psychology Choice	3
ELECTIVE	Student Selection	10
Total Credits		13

DISCOVER Core Curriculum

Student Selection: Open Choice, Second Major Courses, or Minor Courses

*Major Recommendation

Total Credits to Graduate: 120

Updated Spring 2025