



BACHELOR OF SCIENCE IN EXERCISE SCIENCE

FRESHMAN - FALL SEMESTER

BIB 1013	Values: Old Testament History	3
ENG 1113	Communication: English Composition I	3
UNI 1111	Opportunities: University Seminar	1
DISCOVER	Reasoning: (select from options)	3
DISCOVER	Society: (American studies options)	3
DISCOVER	Values: (spiritual formation options)	2
Total Hours	15

FRESHMAN - SPRING SEMESTER

BIB 1023	Values: New Testament History	3
BIO 1004	Inquiry: Principles of Biology	4
KIN 1163	Discipline: Fitness and Wellness for Professionals	3
UNI 1121	Reasoning: Critical Thinking	1
DISCOVER	Communication: (composition options)	3
Total Hours	14

SOPHOMORE - FALL SEMESTER

DISCOVER	Communication: (communication options)	3
DISCOVER	Enrichment: (select from options)	3
DISCOVER	Society: (social studies options)	3
BIO 2204	Human Anatomy and Physiology I	4
KIN 2023	Perceptual Motor Development	3
Total Hours	16

SOPHOMORE - SPRING SEMESTER

DISCOVER	Values: (cultural awareness options)	2
BIO 3304	Human Anatomy and Physiology II	4
KIN 3083	Care and Prevention	3
ELECTIVE	Student Selection	6
Total Hours	15

JUNIOR - FALL SEMESTER

KIN 2243	Nutrition	3
KIN 4003	Kinesiology	3
ELECTIVE	Student Selection	3
ELECTIVE	Student Selection	6
Total Hours	15

JUNIOR - SPRING SEMESTER

KIN 3073	Exercise Physiology	3
KIN 4001	Capstone	1
ELECTIVE	Student Selection	12
Total Hours	16

SENIOR - FALL SEMESTER

ESC 4833	Evidenced Based Practice	3
KIN 3093	Responding to Emergencies	3
ELECTIVE	Student Selection	9
Total Hours	15

SENIOR - SPRING SEMESTER

ESC 4043	Exercise Science Practicum	3
ESC 4223	Functional Movement	3
ELECTIVE	Student Selection	8
Total Hours	14

DISCOVER Core Curriculum

120

Student Selection: Open Choice, Second Major Courses, or Minor Courses