The Bearca BLUEPRINT





A guide to campus operations SPRING 2022

Health and safety

Everyone has a role in mitigating risk of the spread of COVID-19

Every Bearcat — whether living in a residence hall or off-campus — can help mitigate the transmission of COVID-19 within our community by utilizing these basic hygiene measures.



Basic hygiene and procedures

Wash your hands often: Use soap and water for at least 20 seconds, especially after you have been in a public place or after blowing your nose, coughing or sneezing.



Use hand sanitizer: If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Sanitizer stations will be placed in community spaces on all campuses.



Cover coughs and sneezes: Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.



Obey quarantine guidelines: Follow all quarantine instructions provided by campus officials or local health authorities.



Physical distancing

Physical distancing is encouraged whenever possbile, especially for individuals who are not vaccinated.



COVID-19 vaccine

The COVID-19 vaccine is recommended but is not a general requirement for all students. Partnering organizations or businesses may require students to be vaccinated for off-campus learning experiences or events.



Face coverings

Face coverings are optional. Please continue to be respectful and refrain from passing judgment on others' choices related to face coverings.



Self-monitoring for symptoms of illness

Being self-aware is a good practice related to health and wellness. Recording symptoms and temperatures when you do not feel well and when you have a known exposure to COVID-19 or any other illness is advised.

Many free mobile apps are available in the Apple and Google app stores for smartphones to assist with recording this information.

Each building has contactless thermometer stations.

What to do if you think you are sick:

- · Stay home.
- If you live in a residence hall room, immediately notify your Resident Assistant or Resident Director.
- Notify your professor immediately to make arrangements for completing missed coursework.
- Contact the SBU Killian Health Center at (417) 328-1888 for further instructions.



Cleaning and disinfecting

SBU's facilities staff continue to clean and sanitize facilities on a regular basis. Hand sanitizer stations continue to be available across campus.



Vulnerable populations

Individuals with underlying health conditions or who have other factors believed to make them at high-risk for COVID-19, may request accommodations according to existing procedures. Employees should contact the Office of Human Resources at (417) 328-1513. Students should contact the Office of the Provost at (417) 328-1598.



In the classroom

Faculty may request students to follow specific COVID-19 safety precautions.



In Mellers Dining Commons

SBU continues to work closely with Fresh Ideas, the University's food service provider, to implement protocols providing a safe dining environment. Tables in Mellers Dining Commons are arranged to facilitate physical distancing.



At athletic events

All athletic practices will operate in accordance with NCAA and GLVC rules and guidelines.



Quarantine and testing protocols for international travelers:

Anyone flying internationally must follow <u>guidance from the Centers</u> <u>for Disease Control and Prevention</u>. SBU's policy is subject to change if the CDC issues new guidelines.

Prior to arrival in the United States

Follow CDC guidelines regarding required COVID-19 testing prior to boarding a flight to the United States.

As of January 4, 2021, we are following these protocols after a person arrives in the United States.

For vaccinated individuals

- No quarantine is required.
- Be tested for COVID-19 within 3-5 days of arriving in the U.S.
- Self-monitor for COVID-19 symptoms. Isolate and get tested if you develop symptoms.

For unvaccinated individuals

- Quarantine for 5 days after arriving in the U.S. Students living in residence halls on the Bolivar campus will check-in to Roseman Apartments, where they will spend their quarantine period. Students who live off-campus need to self-quarantine at their off-campus residence.
- Be tested for COVID-19 within 3-5 days of arriving in the U.S. Quarantine will end after 5 days and receiving a negative test result. Contact SBU's Killian Health Center at (417) 328-1888 to coordinate testing.
- If you don't get tested, your self-quarantine is 10 days after arriving in the U.S.
- Continue self-monitoring for COVID-19 symptoms. Isolate and get tested if you develop symptoms.

COVID-19 case plan

Any student on any campus who tests positive for COVID-19 should immediately notify the SBU Killian Health Center at (417) 328-1888.

We have developed these guidelines for when we have a positive COVID-19 test on any of our campuses. This plan is subject to change as the Centers for Disease Control and Prevention updates recommended protocols.

SBU's Killian Health Center will coordinate contact tracing with the appropriate local governmental health agency.



Testing protocol

Anyone being tested for COVID-19 must quarantine until receiving a negative test result and being symptom-free. If the test is positive, the individual must follow self-isolation procedures.

Testing availability

- **Bolivar campus:** Free COVID-19 testing is available for students with COVID-19 symptoms. Contact the SBU Killian Health Center at (417) 328-1888 to schedule an appointment.
- Mountain View, Salem and Springfield campuses: Work directly with your local health department for testing.



Self-isolation

Anyone testing positive will be required to self-isolate. Students living in residence halls are encouraged to leave campus, but a self-isolation facility is available for residential students without other options.



Ouarantine

Quarantine protocols after a COVID-19 exposure are developed in consultation with guidance from the CDC and local health agencies. Staff in SBU's Killian Health Center will provide guidance to individuals with a COVID-19 exposure.