

**Southwest Baptist University**  
**HPE 3092 First Aid**  
**Competencies/Proficiencies – 4<sup>th</sup> Edition**

**Risk Management**

RM-C7 Explain the importance for all personnel to maintain current certification in CPR, automated external defibrillator (AED), and first aid.

**Acute Care**

AC-C10 Describe the role and function of an automated external defibrillator in the emergency management of acute heart failure and abnormal heart rhythms.

AC-C13 Describe the proper management of external hemorrhage, including the location of pressure points, use of universal precautions, and proper disposal of biohazardous materials.

AC-C14 Identify the signs and symptoms associated with internal hemorrhaging.

AC-C15 Describe the appropriate use of aseptic or sterile techniques, approved sanitation methods, and universal precautions for the cleansing and dressing of wounds.

AC-C29 Identify the signs, symptoms, and treatment of patients suffering from adverse reactions to environmental conditions.

AC-C31 Describe the proper immobilization techniques and select appropriate splinting material to stabilize the injured joint or limb and maintain distal circulation.

AC-P2 Perform an initial assessment to assess the following, but not limited to:

AC-P2a Airway

AC-P2b Breathing

AC-P2c Circulation

AC-P2d Level of consciousness

AC-P2e Other life-threatening conditions

AC-P3b Establish and maintain an airway in an infant, child, and adult

AC-P3d Perform one- and two-person CPR on an infant, child, and adult

AC-P3f Utilize an automated external defibrillator (AED) according to current accepted practice protocols