

Southwest Baptist University
ATH 2013 Introduction to Athletic Training
Competencies/Proficiencies – 4th Edition

Risk Management

- RM-C1 Explain the risk factors associated with physical activity.
- RM-C3 Identify and explain the epidemiology data related to the risk of injury and illness related to participation in physical activity.
- RM-C4 Identify and explain the recommended or required components of a preparticipation examination based on appropriate authorities' rules, guidelines, and/or recommendations.
- RM-C6 Describe the general principles of health maintenance and personal hygiene, including skin care, dental hygiene, sanitation, immunizations, avoidance of infectious and contagious diseases, diet, rest, exercise, and weight control.
- RM-C19 Explain the basic principles and concepts of home, school, and workplace ergonomics and their relationship to the prevention of illness and injury.

Medical Conditions

- MC-C19 Describe a plan to access appropriate medical assistance on disease control, notify medical authorities, and prevent disease epidemics.

Nutrition

- NU-C1 Describe personal health habits and their role in enhancing performance, preventing injury or illness, and maintaining a healthy lifestyle.

Administration

- AD-C10 Describe the various types of health insurance models (e.g., health maintenance organization [HMO], preferred provider organization [PPO], fee-for-service, cash, and Medicare) and the common benefits and exclusions identified within these models.
- AD-C13 Describe basic architectural considerations that relate to the design of safe and efficient clinical practice settings and environments.
- AD-C17 Explain basic legal concepts as they apply to a medical or allied health care practitioner's responsibilities (e.g., standard of care, scope of practice, liability, negligence, informed consent and confidentiality, and others).
- AD-C20 Differentiate the roles and responsibilities of the athletic trainer from those of other medical and allied health personnel who provide care to patients involved in physical activity and describe the necessary communication skills for effectively interacting with these professionals.

Professional Development

- PD-C1 Explain the role and function of state athletic training practice acts and registration, licensure, and certification agencies including (1) basic legislative processes for the implementation of practice acts, (2) rationale

for state regulations that govern the practice of athletic training, and (3) consequences of violating federal and state regulatory acts.

PD-C2

Describe the process of attaining and maintaining national and state athletic training professional credentials.

PD-C16

Summarize the history and development of the athletic training profession.