

# SOUTHWEST BAPTIST UNIVERSITY

# BEARCATS

## 2009 WOMEN'S SOCCER WEEKLY GAME NOTES

### 2009 SCHEDULE

#### August

27	at Quincy	4:00 PM
29	at Missouri S&T	12:00 PM

#### September

4	at Abilene Christian	5:00 PM
5	at Dallas Baptist	7:00 PM
10	EMPORIA STATE*	3:00 PM
12	MISSOURI SOUTHERN*	12:00 PM
19	at Northwest Missouri St.*	11:30 AM
24	at Emporia State*	4:00 PM
26	at Washburn*	6:00 PM

#### October

1	at Nebraska-Omaha*	4:00 PM
3	TRUMAN STATE*	12:00 PM
8	at Missouri Western*	7:00 PM
10	at Truman State*	11:30 AM
15	at Missouri Southern*	7:00 PM
22	CENTRAL MISSOURI*	3:00 PM
24	WASHBURN*	12:00 PM
29	at Central Missouri*	7:00 PM
31	MISSOURI WESTERN*	12:00 PM

#### November

5	NEBRASKA-OMAHA*	3:00 PM
7	NORTHWEST MISSOURI ST.*	12:00 PM

13-15 NCAA D-II First/Second Rounds TBA

20-22 NCAA D-II Third Rd/Quarterfinals TBA

#### December

3	NCAA D-II Semifinals	TBA
5	NCAA D-II Final	TBA

\* MIAA game

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 Karl Goss, Patty Wallace, Shelby Martin, Jeremy Couch

#### FACTS ABOUT SOUTHWEST BAPTIST UNIVERSITY

Location.....	Bolivar, Mo.
Founded.....	1878
Enrollment.....	3,600
School Colors.....	Purple, White and Black
Affiliation.....	NCAA Division II
Conference.....	MIAA
Head Coach.....	Rob Podeyn (Dowling College '90)
Career Record.....	52-50-7 (in 7th year, 1st at SBU)
Career Conference Record.....	28-13-3
2008 Record.....	9-6-3
2008 MIAA Record.....	6-6-2
Starters Returning/Lost.....	6/5
Letterwinners Returning/Lost.....	10/9

#### GAME 1: at QUINCY LADY HAWKS

THURSDAY, AUGUST 27 • 4:00 PM  
 NORTH CAMPUS FIELD • QUINCY, IL

#### GAME 2: at MISSOURI S&T LADY MINERS

SATURDAY, AUGUST 29 • 12:00 PM  
 MISSOURI S&T SOCCER FIELD • ROLLA, MO



The SBU Bearcats open up the 2009 season on a four-game road trip, starting off in Quincy, Illinois. SBU will have a new look and new coach, but return several players from last year's team that finished 9-6-3. Back for the Bearcats are All-MIAA first-team performers **Caitlin Tull** and **Rhiane Mitchell**. Mitchell is sophomore forward from Manchester, England, who led the MIAA in points per game (2.5), goals per game (1.07) and shots on goal per game (3.07). Tull, a senior from Yuba City, Calif., has been named first team All-MIAA as a defender in 2008 and midfielder in 2007. Other returning starters for SBU include senior defenders **Shannon Roher** and **Vanessa Roher**, junior forward **Jaymye Ross** and sophomore midfielder **Kelly Isaac**.

The Quincy Lady Hawks are returning from their third straight NCAA Tournament appearance, where they fell in the second round last season. Quincy is returning nine starters from last year's squad, including forward **Jenna Boyko** and midfielder **Becky Fleming**, who were named first-team All-GLVC.

SBU will head back a little closer to home for the second game of the year, as they face off against Missouri S&T. The Lady Miners are picked to finish 11th in the 15-team Great Lakes Valley Conference, however, they do return 10 starters and 19 letterwinners from last year, where they won the most games in a season since 2003.

#### THE COACHES AND THE ALL-TIME SERIES

Bearcat head coach **Rob Podeyn** makes his debut for Southwest Baptist against Quincy; Podeyn was hired in April of this year after running the NAIA's Northwood University women's soccer program since 2006. Northwood had improved from a #212 national ranking to back-to-back conference titles.

**Dave Musso** will be starting his fourth season as Quincy head coach; Musso has compiled a record of 42-18-3, along with the 2006 GLVC regular season championship. On the sidelines for the Lady Miners is **Jon Kiester**. Kiester is entering his fifth season in Rolla, where they have seen steady improvement during his tenure.

SBU is 0-2-1 against Quincy all-time, with last year ending in a 0-0 tie, and 7-10-1 against Missouri S&T. This is SBU's first matchup with the Lady Miners since 2006 after last year's match was postponed.

#### SCOUTING THE LADY HAWKS & LADY MINERS

Senior midfielder Becky Fleming was the catalyst to the Lady Hawks offense last year, with a team high six game-winning goals. Fleming also was fourth in the GLVC in points (27), and third in goals (11). Missouri S&T returns senior midfielder/forward **Brooke Ryan**, who scored a team high 8 goals last season, and was in the top ten in the GLVC in points per game (1.06)



# 2009 SBU BEARCATS NUMERICAL ROSTER

## ROSTER BREAKDOWN BY YEAR

### Total Squad Members - 31

#### Seniors - 6

Denarika Bostwick, Heidi Lewis, Shannon Roher, Vanessa Roher, Caitlin Tull, Ashley Wilson

#### Juniors - 7

Lindsey Boden, Rochelle Fowler, Emily Hamilton, Johanna Olsson, Dana Rose, Jaymye Ross, Katie Whalon,

#### Sophomores - 7

Blaire Baker, Ashley Covert, Debbie Easter, Kelly Isaac, Rhiane Mitchell, Chelsea Schweigert, Jen Tenholder

#### Freshmen - 11

Callie Beard, Nycole Henderson, Tamaris Hollis, Grace Hughes, Nicole Kasper, Megan Link, Lauren Muniz, Brittani Ready, Halee Ruckman, Chelsea Urquhart, Taylor Vick

#	Name	Pos.	Hgt.	Yr.	Hometown (Previous School)
0	Johanna Olsson	GK	5-8	Jr.	Gothenburg, Sweden (Katrinelundsgymnasiet HS)
00	Grace Hughes	GK	5-7	Fr.	Little Rock, Ark.
1	Megan Link	GK	5-8	Fr.	Wildwood, Mo. (Lafayette HS)
2	Brittani Ready	MF	5-2	Fr.	Millstadt, Ill. (Belleville West HS)
3	Taylor Vick	F	5-5	Fr.	Owasso, Okla. (Owasso HS)
5	Dana Rose	D	5-9	Jr.	Springfield, Mo. (Parkview HS)
6	Lauren Muniz	D	5-5	Fr.	Temple, Texas (Temple HS)
7	Shannon Roher	D	5-5	Sr.	Lee's Summit, Mo. (Blue Ridge Christian HS)
8	Katie Whalon	MF	5-8	Jr.	Lee's Summit, Mo. (Lee's Summit HS)
9	Caitlin Tull	MF	5-8	Sr.	Yuba City, Calif. (Yuba City HS)
10	Blaire Baker	MF	5-6	So.	Camdenton, Mo. (Camdenton HS)
11	Chelsea Schweigert	MF	5-6	So.	St. Peters, Mo. (Francis Howell Central HS)
12	Jen Tenholder	M	5-4	So.	Cape Girardeau, Mo. (Jackson HS)
13	Tamaris Hollis	D	5-5	Fr.	Vilseck, Germany (Vilseck HS)
14	Rhiane Mitchell	F	5-5	So.	Manchester, England (St. Matthews RC)
15	Jaymye Ross	F	5-6	Jr.	Oceanside, Calif. (Cathedral Catholic HS)
16	Denarika Bostwick	F	5-5	Sr.	Nassau, Bahamas (Kingsway Academy)
17	Kelly Isaac	MF	5-2	So.	Ferndale, Rhondda, Wales (Ferndal Community School)
18	Rochelle Fowler	MF	5-2	Jr.	Nassau, Bahamas (Temple Christian HS)
19	Vanessa Roher	D	5-5	Sr.	Lee's Summit, Mo. (Blue Ridge Christian HS)
20	Chelsea Urquhart	D	5-9	Fr.	Calgary, Alberta, Canada (Forest Lawn HS)
21	Nycole Henderson	F	5-3	Fr.	Westerville, Ohio (Westerville North HS)
22	Heidi Lewis	F	5-4	Sr.	Bixby, Okla. (Bixby HS)
25	Ashley Wilson	M/F	5-4	Sr.	Neosho, Mo. (Neosho HS)
26	Ashley Covert	D	5-1	So.	Springdale, Ark. (Shiloh Christian HS)
28	Nicole Kasper	D	5-5	Fr.	Calgary, Alberta, Canada (Bishop Carroll HS)
29	Callie Beard	D	5-7	Fr.	Lebanon, Mo. (Lebanon HS)
30	Lindsey Boden	M	5-8	Jr.	Ogden, Utah (Ben Lomond HS)
31	Halee Ruckman	D	5-6	Fr.	Sedalia, Mo. (Smith-Cotton HS)
98	Debbie Easter	GK	5-4	So.	St. Louis, Mo. (Oakville HS)
99	Emily Hamilton	GK	5-7	Jr.	Keller, Texas (Keller HS)

## FACTS ABOUT THE OPPOSITION

### QUINCY UNIV. LADY HAWKS

Founded..... 1860  
 Enrollment ..... 1,250  
 School Colors ..... Brown, White & Gold  
 Affiliation..... NCAA Division II  
 Conference..... Great Lakes Valley  
 Head Coach (Alma Mater).... Dave Musso (Quincy)  
 Record at School (years) .... 42-18-3 (4th season)  
 Career Record (years) ..... 42-18-3 (4th season)  
 Sports Information Director ..... Brian Lovellette  
 Office Phone..... (217) 228-5432 x3518  
 Email ..... lovelbr@quincy.edu  
 Web Site ..... www.quincy.edu/athletics  
 Overall record last year ..... 12-7-2  
 Conference record/finish..... 9-3-0 (3rd)  
 Lettermen Returning..... 18  
 Starters Returning..... 9

### MISSOURI UNIVERSITY OF SCIENCE & TECHNOLOGY LADY MINERS

Founded..... 1870  
 Enrollment ..... 6,000  
 School Colors ..... Silver, Gold & Green  
 Affiliation..... NCAA Division II  
 Conference..... Great Lakes Valley  
 Head Coach ..... John Kiester  
 Alma Mater ..... Hawaii Pacific  
 Record at School (years) .... 21-45-7 (5th season)  
 Career Record (years) ..... 21-45-7 (5th season)  
 Sports Information Director ..... John Kean  
 Office Phone..... (573) 341-4140  
 Email ..... jkean@mst.edu  
 Web Site ..... www.sports.mst.edu  
 Overall record last year ..... 7-8-2  
 Conference record/finish..... 3-7-2 (10th)  
 Lettermen Returning/Lost..... 19/3  
 Starters Returning/Lost:..... 10/1

**Head Coach:** Rob Podayn (*1st year at SBU and 7th overall*) William Woods, '06  
**Assistant Coaches:** Dean Grey (William Woods '08), Jason Massie (Rio Grande '09),  
 Danielle Peters (William Woods, '08), Aline Lopes (SBU '08)

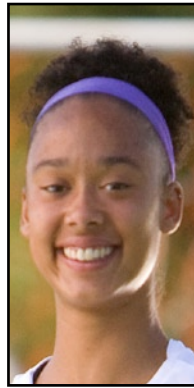
## BEARCAT PROBABLE STARTERS



**HEAD COACH  
ROB PODEYN**  
1st year at SBU  
7th overall



**22 - HEIDI  
LEWIS**  
F, 5-4, Sr.  
Bixby, Okla.



**3 - TAYLOR  
VICK**  
F, 5-5, Fr.  
Owasso, Okla.



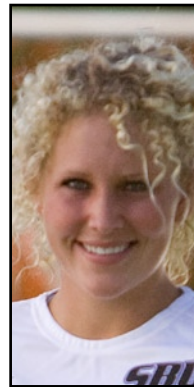
**9 - CAITLIN  
TULL**  
M, 5-8, Sr.  
Yuba City, Calif.



**10 - BLAIRE  
BAKER**  
M, 5-6, So.  
Camdenton, Mo.



**17 - KELLY ISAAC**  
M, 5-2, So.  
Ferndale, Rhondda,  
Wales



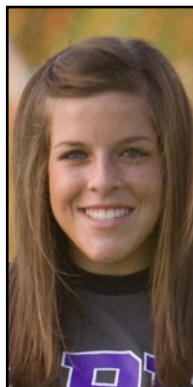
**30 - LINDSEY  
BODEN**  
M, 5-8, Jr.  
Ogden, Utah



**7 - SHANNON  
ROHER**  
D, 5-5, Sr.  
Lee's Summit,  
Mo.



**19 - VANESSA  
ROHER**  
D, 5-5, Sr.  
Lee's Summit,  
Mo.



**1 - MEGAN  
LINK**  
GK, 5-8, Fr.  
Wildwood, Mo.



**13 - TAMARIA  
HOLLIS**  
D, 5-5, Fr.  
Vilseck, Germany



**31 - HALEE  
RUCKMANN**  
D, Fr.  
Sedalia, Mo.

## 2009 MIAA PRESEASON COACHES POLL

1. Central Missouri (6) – 62 pts.
2. Truman (3) – 59 pts.
3. Nebraska-Omaha – 49 pts.
4. Washburn – 43 pts.
- 5. Southwest Baptist – 35 pts.**
6. Northwest Missouri – 30 pts.
7. Missouri Southern – 22 pts.
8. Emporia State – 13 pts.
9. Missouri Western – 11 pts.

First place votes in parenthesis



## THROW-INS

### STRONG START

The Bearcats currently hold a three game unbeaten streak in season openers. After a 0-0 tie against Texas A&M Commerce in '06, SBU beat Texas Women's, 2-0 in '07, and Oakland City, 11-0 last season.

### NEW FACES

SBU's projected starters include four freshmen, the most first-year players in the starting lineup since 2003.

### INTERNATIONAL FLAVOR

This season's roster includes players from Sweden, Germany, England, Wales, the Bahamas, and Canada. Recent SBU teams have also featured players from France, Brazil, Ireland, and New Zealand.

# 2008 SBU BEARCATS SEASON STATISTICS

## INDIVIDUAL STATISTICS

##	PLAYER	GP	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	PK-AT
00	Pearl, Mary	5-5	0	0	0	0	.000	0	.000	0	0-0
3	Schreiber, Ali	18-12	0	1	1	2	.000	1	.500	0	0-0
4	Beddows, Terri	18-18	2	0	4	17	.118	5	.294	2	0-0
5	Bostwick, Den.	7-0	1	0	2	2	.500	2	1.000	0	0-0
6	Ross, Jayme	18-9	0	5	5	11	.000	3	.273	0	0-0
7	Roher, Shannon	18-18	0	3	3	10	.000	3	.300	0	0-0
8	Whalon, Katie	3-0	0	0	0	0	.000	0	.000	0	0-0
9	Tull, Caitlin	18-18	0	2	2	4	.000	3	.750	0	0-0
10	Cousins, Nicola	18-18	15	10	40	102	.147	42	.412	3	0-0
11	Schweigert, Chel.	4-0	0	0	0	0	.000	0	.000	0	0-0
12	Tenholder, Jen	15-0	1	0	2	7	.143	4	.571	0	0-0
13	Clardy, Krysten	18-18	2	1	5	17	.118	9	.529	1	0-0
14	Mitchell, Rhiane	14-14	15	5	35	74	.203	43	.581	3	0-0
15	Johnson, Katie	18-5	1	0	2	9	.111	5	.556	0	0-0
16	Lord, Natascha	8-0	0	1	1	3	.000	0	.000	0	0-0
17	Isaac, Kelly	14-6	0	2	2	11	.000	6	.545	0	0-0
18	Fowler, Rochelle	2-0	0	0	0	0	.000	0	.000	0	0-0
19	Roher, Vanessa	18-18	0	0	0	3	.000	1	.333	0	0-0
20	Dykstra, Kristen	6-0	0	0	0	0	.000	0	.000	0	0-0
21	Lechat, Aude	17-13	0	0	0	3	.000	1	.333	0	0-0
22	Lewis, Heidi	18-12	0	1	1	6	.000	3	.500	0	0-0
23	Dykstra, Chaely	5-0	0	0	0	2	.000	1	.500	0	0-0
25	Wilson, Ashley	8-1	1	0	2	1	1.000	1	1.000	0	0-0
27	Rose, Dana	2-0	0	0	0	0	.000	0	.000	0	0-0
28	Jared, Becca	2-0	0	0	0	0	.000	0	.000	0	0-0
29	Baker, Blaire	1-0	0	0	0	2	.000	1	.500	0	0-0
	<b>Total</b>	<b>18</b>	<b>38</b>	<b>31</b>	<b>107</b>	<b>286</b>	<b>.133</b>	<b>134</b>	<b>.469</b>	<b>9</b>	<b>0-0</b>
	<b>Opponents</b>	<b>18</b>	<b>16</b>	<b>11</b>	<b>43</b>	<b>217</b>	<b>.074</b>	<b>101</b>	<b>.465</b>	<b>6</b>	<b>1-1</b>

## TEAM STATISTICS

TEAM STATISTICS	SBU	OPP
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	38-286	16-217
Goals scored average	2.02	0.85
Shot pct.	.133	.074
Shots on goal-Attempts	134-286	101-217
SOG pct.	.469	.465
Shots/Game	15.9	12.1
Assists	31	11
<b>CORNER KICKS</b>		
	69	67
<b>PENALTY KICKS</b>		
	0-0	1-1
<b>PENALTIES</b>		
Yellow cards	23	12
Red cards	1	0
<b>ATTENDANCE</b>		
Total	2393	1221
Dates/Avg Per Date	9/266	9/136
Neutral Site #/Avg	0/0	

##	GOALTENDERS	GP	Minutes	GA	Avg	Save	Pct	W	L	T	Sho
98	Easter, Debbie	1-0	12:00	0	0.00	0	.000	0	0	0	0
1	Olsson, Johanna	14-13	1217:32	11	0.81	54	.831	6	1	2	5
00	Pearl, Mary	5-4	406:52	4	0.88	26	.867	1	2	0	1
99	Hamilton, Emily	2-0	55:28	1	1.62	0	.000	0	0	0	0
TM	TEAM		0:00	0	0.00	5	1.000	0	0	0	1
	<b>Total</b>	<b>18</b>	<b>1691:52</b>	<b>16</b>	<b>0.85</b>	<b>85</b>	<b>.842</b>	<b>7</b>	<b>3</b>	<b>2</b>	<b>7</b>
	<b>Opponents</b>	<b>18</b>	<b>1691:52</b>	<b>38</b>	<b>2.02</b>	<b>96</b>	<b>.716</b>	<b>5</b>	<b>4</b>	<b>2</b>	<b>7</b>

### NEXT UP FOR THE SBU BEARCATS

The Bearcats head to Texas for the second half of their road trip, as they take on the Wildcats from Abilene Christian, on September 4th, followed by the Dallas Baptist Patriots on September 5th. This will be the first meeting between SBU and Abilene Christian, while the Bearcats have faced Dallas Baptist twice. Both matchups were in 2000, and the Patriots took both wins. Kickoff against Abilene Christian is at 5:00 PM; Dallas Baptist at 7:00 PM.



## 2009 PRESEASON NSCAA/ADIDAS POLL

As of August 11, 2009

Rank	Institution	Previous	Record	Points
1.	Seattle Pacific	1	22-1-2	25
2.	West Florida	2	24-1-1	24
3.	Metro State	3	20-3-4	23
4.	St. Rose	4	20-4-2	22
5.	Wisconsin-Parkside	6	18-1-2	21
6.	Columbus State	5	21-4-1	20
7.	Truman State	7	17-4-2	19
8.	Mercyhurst	9	14-5-4	18
9.	Grand Valley State	8	22-1-0	17
10.	Rollins	11	15-1-4	16
11.	Franklin Pierce	20	15-4-2	15
12.	Western Washington	10	16-3-2	14
13.	Carson-Newman	13	16-5-1	13
14.	Central Missouri	21	15-4-2	12
15.	Minnesota State-Mankato	15	15-4-3	11
16.	Slippery Rock	NR	14-7-1	10
17.	West Chester	12	14-3-5	9
18.	UC-San Diego	24	15-4-4	8
19.	Bridgeport	16	18-5-1	7
20.	Northern Kentucky	23	16-4-0	6
21.	North Carolina-Pembroke	22	19-3-1	5
22.	Texas A&M-Commerce	19	15-4-3	4
23.	Regis (Colo.)	14	17-7-0	3
24.	Tampa	25	13-7-2	2
25.	C.W. Post	17	17-3-1	1

Others Receiving Votes: Washburn, Winona State (Minn.), Sonoma State (Calif.), Catawba (N.C.), Bloomsburg (Pa.), UC-San Bernardino