

SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

2008 SCHEDULE

September

12	Central Missouri Mule Relays	Warrensburg, Mo.
20	Missouri Southern State Stampede	Joplin, Mo.
27	Roy Griak Invitational	St. Paul, Minn.

October

25	MIAA Championship	Warrensburg, Mo.
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November

8	NCAA Division II Regionals (Incarnate Word)	Live Oak, Texas
22	NCAA Division II Nationals (Slippery Rock)	Slippery Rock, Pa.

Men's Roster

Ayers	Cameron	6-0	140	Jr.	Maryland Heights, Mo.	Pattonville HS
Bly	Andrew	6-0	145	Sr.	Kansas City, Mo.	Rockhurst HS
Coen	Josiah	6-1		Fr.	Carthage, Mo.	Carthage HS
Denbow	Andrew	6-0	140	Sr.	Nixa, Mo.	Nixa HS
Etzenhouser	Shawn	5-10	145	Jr.	Liberty, Mo.	Liberty HS
Franke	Michael			So.	Lee's Summit, Mo.	Lee's Summit North HS
Glassmaker	Jeremy	6-1	145	Jr.	Marshall, Mo.	Marshall HS
Goodwyn	Coty	5-11	115	Sr.	Stoutland, Mo.	Stoutland HS
Hackney	David	5-5	125	Jr.	Bridgeton, Mo.	Pattonville HS
Kueker	Jesse	5-8	140	Jr.	Perryville, Mo.	Perryville HS
Loya	Caleb	5-11	140	So.	Springfield, Mo.	Hillcrest HS
McC Campbell	Michael	5-5	140	Jr.	Marshall, Mo.	Marshall HS
Peek	Philip	6-1	145	Sr.	Springdale, Ar.	Harrison HS
Pierce	Michael	5-10	130	Sr.	Gladstone, Mo.	Oak Park HS
Rogers	Nathaniel	5-8	140	So.	Lebanon, Mo.	Lebanon HS
Rollins	Josh	5-7	130	Jr.	Blue Springs, Mo.	Blue Spring HS
SamMo.ns	Tyler	5-10	165	Sr.	Jefferson City, Mo.	Jefferson City HS
Steffan	Patrick	6-1	140	So.	Kansas City, Mo.	Oak Park HS
Tichenor	Vince	6-6	175	Sr.	Cassville, Mo.	Cassville HS
Varner	RayMo.nd	6-1	170	Fr.	Kimberling City, Mo.	Kimberling City HS
Weseloh	Jeff	6-1	150	Sr.	Liberty, Mo.	Liberty HS

Women's Roster

Ayers	Courtney	5-7		Jr.	Maryland Heights, Mo.	Pattonville HS
Brigance	Rebecca	5-9		So.	RayMo.re, Mo.	RayMo.re Peculiar HS
Chowning	Kelsi	5-4		So.	Mo.untain View, Mo.	Mo.untain View HS
Colon	Kristen	5-6		Jr.	Lee's Summit, Mo.	Lee's Summit North HS
Flippin	Christine	5-2		Jr.	Kansas City, Mo.	Oak Park HS
Flowers	Kelley	5-6		Sr.	Princeton, Mo.	Princeton HS
Hackney	Holly			Fr.	Bridgeton, Mo.	Pattonville HS
McVay	Melanie			Fr.	St. Robert, Mo.	Waynessville, HS
Nixon	Camrie	5-7		Fr.	Liberty, Mo.	Liberty HS
Owensby	Andrea	5-5		Jr.	Blue Springs, Mo.	Blue Springs HS
Porter	Kassidy	5-9		So.	Bolivar, Mo.	Bolivar HS
Roth	Mallory	5-5		Jr.	Ste. Genevieve, Mo.	Ste. Genevieve HS
Strahm	Chelsea	5-9		Jr.	St. Joseph, Mo.	Benton HS
Strazdas	Ashley	5-3		Fr.	Birch Tree, Mo.	Winona HS
Tate	Jennifer			Fr.	Albuquerque, N.M.	Cibola HS
Verner	Casey	5-8		So.	Armstrong, Mo.	Armstrong HS
White	Stephanie			Fr.	Blue Springs, Mo.	Blue Springs HS
Whitfield	Erica	5-2		Jr.	Lawson, Mo.	Lawson HS

SBU BEARCATS AT CENTRAL MISSOURI MULE RELAY

SEPTEMBER 12, 2008 • WARRENSBURG, MO.

BOLIVAR, Mo. -- The SBU Bearcats will open their 2008 cross country season, as the men's and women's teams travel to Warrensburg, Mo., for the Central Missouri Mule Relays.

The SBU men will return five key runners from last season's squad. All-American Michael Pierce is the lone senior. He is joined by juniors Jeremy Glassmaker, Shawn Etzenhouser, Michael McCambell, and Cameron Ayers. Last season, the men finished #2 in the MIAA meet and #4 in the NCAA Division II Regionals, which were held in Joplin. As the 2008 season opens, the men's cross country team has been ranked #4 (South Central Region) in the pre-season Division II Men's Cross Country Regional Rankings. Abilene Christian is ranked #1, followed by Missouri Southern and Pitt State in the #2 and #3 positions.

"Our men look good right now," said SBU's head coach, Corey McElhane. "They have been having good workouts, and really encouraging each other. I see a lot of team unity. One encouraging thing is the way our freshmen have come in and responded to the workouts."

The SBU women also return five key runners in Courtney Ayers (Jr.), Chelsea Strahm (Jr.), Mallory Roth (Jr.), Erica Whitfield (Jr.), and Kelsi Chowning (So.). Last season, the women finished #3 in the MIAA meet and #6 in the NCAA Division II Regionals. The women's team has been ranked #5 in the pre-season Division II Women's Regional rankings for the South Central Region. The top spot belongs to Abilene Christian, followed by Missouri Southern, Pittsburg State, and Dallas Baptist in the #2, #3, and #4 positions.

"We have a group of freshmen on the women's side, who are fighting for the top spots," continued McElhane. "Courtney (Ayers) really looks strong right now. Like the men, our women have been having great workouts. I see them encouraging each other and the unity has been good also."

"We're anxious to begin our season."

COACHING STAFF

Head Coach Corey McElhane
Alma Mater SBU

Assistant Ranard Adkison
Alma Mater Long Island University - Brooklyn

Graduate Assistant Nikito Johnson
Alma Mater TBA

Volunteer Assistant Christine McElhane
Alma Mater SBU

SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

BEARCAT RECORDS

MEN'S

Rank	Time	Name	Course	Date
1	24:43	T. Jay Sanderson	MIAA Championship at SBU	2006
2	24:44	Michael Pierce	Missouri Southern State	2007
3	25:28	Jeremy Glassmaker	MIAA Championship at SBU	2006
4	25:52	Micheal McCambell	MIAA Championship at SBU	2006
5	25:54	Mark Baumgartel	Missouri Southern State	1991
6	25:59	Cameron Ayers	Missouri Southern State	2007
7	25:59	Timmy Spehct	MIAA Championship at SBU	2006
8	26:07	Jon Clemence	MIAA Championships at MSSU	2002
9	26:15	Mark Stenbeck	Southwest Baptist	2001
10	26:18	Sean Holman	Missouri S&T	1989
11	26:21	Brian McKinney	MIAA Championships at PSU	1992
12	26:24	Shawn Etzenhouser	Missouri Southern State	2007
13	26:28	Clint Davis	Missouri Southern State	2003
14	26:34	Reece Tedford	Baker University	2000
15	26:35	Vince Tichenor	MIAA Championships at SBU	2006

WOMEN'S

Rank	Time	Name	Course	Date
1	18:07	Amy Broadhurst	Southern Illinois-Edwardsville	2006
2	18:13	Courtney Ayers	Missouri Southern State	2007
3	18:34	Ashliegh Wendleton	MIAA Championships at MSSU	2002
4	18:47	Chelsea Strahm	Missouri Southern State	2007
5	18:47	Karen Sancken	Missouri Southern State	2006
7	18:56	Christine Showler	Missouri Southern State	2004
8	18:57	Lisa Bunn	Missouri Southern State	2006
9	19:02	Jackie Hodson	Missouri Southern State	2003
10	19:02	Erica Clear	University of Arkansas	1998
11	19:06	Kelsi Chowning	Missouri Southern State	2007
12	19:07	Holly Baskin	Missouri S&T	1999
13	19:08	Jennifer Cassin	Missouri Southern State	1997
14	19:09	Melissa Anderson	Missouri State	1988
15	19:11	Kristen Colon	Missouri Southern State	2006

GENERAL INFORMATION

Name of School Southwest Baptist University
 City / Zip Bolivar, Mo. 65613

Founded 1878
 Enrollment 3500
 Nickname Bearcats
 School Colors Purple & White
 Affiliation NCAA Division II

President Dr. C. Pat Taylor

Director of Athletics Brent Good

Assistant to the Director of Athletics
 for Academic Support and
 Senior Woman Administrator ... Dr. L. Renae Myles

Compliance Administrator Tammy Ikerd

Administrative Assistant Patti Barnoskie

Faculty Athletics Representative Dr. Kevin Schriver

Head Athletics Trainer Mike Wolhoy

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 Athletics Website SBUBEARCATS.COM

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2007 RESULTS

Date	Meet	Location	Outcome
9/7/07	Central Missouri Mule Run	Warrensburg, Mo.	1st
9/15/07	Missouri Southern State Stampede	Joplin, Mo.	M-8th, W-5th
9/29/07	Oklahoma State Jamboree	Stillwater, Ok.	M-7th, W-6th
10/6/07	Southern Illinois- Edwardsville Border Wars	Edwardsville, Ill.	M-1st, W-3rd
10/20/07	MIAA Championship	Kirksville, Mo.	M-2nd, W-3rd
11/3/07	NCAA Division II Regionals	Joplin, Mo.	M-4th, W-6th



SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

OFFICE OF MEDIA RELATIONS

The SBU Office of Athletics Media Relations is located in the Meyer Wellness and Sports Center. The Office of Media Relations promotes SBU Bearcat Athletics through the following:

1. Writing stories about student-athletes, coaches, and teams.
2. Organizing pictures and video clips, and making them available to promote teams, events, and programs.
3. Building solid relationships with local, regional, and national media.
4. Compiling and maintaining accurate statistics and historical records.
5. Producing media guides, game notes, & press releases.
6. Maintaining the SBU Athletics' web site.
7. Protecting the design, appearance, and usage of the SBU Athletics' logo to ensure a united front and a strong brand image for SBU Athletics.

Interviews

All media will schedule interviews of student-athletes, coaches, administration, and staff through the Office of Athletics Media Relations before visiting campus or contacting the interviewee.

The Office of Media Relations must give approval to student-athletes, coaches, administration, and staff before interviews are granted to members of the media.

Student-athletes, coaches, administration, and staff will honor interview requests made by the Office of Athletics Media Relations.

Media

The Office of Media Relations will provide available game programs, game notes, halftime and final NCAA statistics, and sport-specific media guides to all members of the media covering the game.

Photography credentials are issued by the Office of Media Relations and must be displayed at all times. Photographers must stay in the designated photographer / media areas.

Members of the media requesting press credentials for an SBU Athletics' event should call the Office of Media Relations at least 24 hours before the event. Credentials must be displayed at all times.

Radio stations are asked to limit their play-by-play crews to no more than three people. A courtesy line is available to the official station of the visiting team. Requests to broadcast must be given to the Office of Media Relations at least 24 hours before the event. Outgoing calls must be third-party, collect, calling card, or incoming.

Student-athletes, coaches, administration, and staff are asked to conduct themselves in a professional manner, and treat members of the media with respect and courtesy.

MEDIA OUTLETS

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