

# SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

## 2008 SCHEDULE

### September

12	Central Missouri Mule Relays	M - 2nd, W - 3rd
20	Missouri Southern State Stampede	Joplin, Mo.
27	Roy Griak Invitational	St. Paul, Minn.

### October

25	MIAA Championship	Warrensburg, Mo.
----	-------------------	------------------

### November

8	NCAA Division II Regionals (Incarnate Word)	Live Oak, Texas
22	NCAA Division II Nationals (Slippery Rock)	Slippery Rock, Pa.

### Men's Roster

Ayers	Cameron	6-0	140	Jr.	Maryland Heights, Mo.	Pattonville HS
Bly	Andrew	6-0	145	Sr.	Kansas City, Mo.	Rockhurst HS
Coen	Josiah	6-1		Fr.	Carthage, Mo.	Carthage HS
Denbow	Andrew	6-0	140	Sr.	Nixa, Mo.	Nixa HS
Etzenhouser	Shawn	5-10	145	Jr.	Liberty, Mo.	Liberty HS
Franke	Michael			So.	Lee's Summit, Mo.	Lee's Summit North HS
Glassmaker	Jeremy	6-1	145	Jr.	Marshall, Mo.	Marshall HS
Goodwyn	Coty	5-11	115	Sr.	Stoutland, Mo.	Stoutland HS
Hackney	David	5-5	125	Jr.	Bridgeton, Mo.	Pattonville HS
Kueker	Jesse	5-8	140	Jr.	Perryville, Mo.	Perryville HS
Loya	Caleb	5-11	140	So.	Springfield, Mo.	Hillcrest HS
McCampbell	Michael	5-5	140	Jr.	Marshall, Mo.	Marshall HS
Peek	Philip	6-1	145	Sr.	Springdale, Ar.	Harrison HS
Pierce	Michael	5-10	130	Sr.	Gladstone, Mo.	Oak Park HS
Rogers	Nathaniel	5-8	140	So.	Lebanon, Mo.	Lebanon HS
Rollins	Josh	5-7	130	Jr.	Blue Springs, Mo.	Blue Spring HS
SamMo.ns	Tyler	5-10	165	Sr.	Jefferson City, Mo.	Jefferson City HS
Steffan	Patrick	6-1	140	So.	Kansas City, Mo.	Oak Park HS
Tichenor	Vince	6-6	175	Sr.	Cassville, Mo.	Cassville HS
Varner	RayMo.nd	6-1	170	Fr.	Kimberling City, Mo.	Kimberling City HS
Weseloh	Jeff	6-1	150	Sr.	Liberty, Mo.	Liberty HS

### Women's Roster

Ayers	Courtney	5-7		Jr.	Maryland Heights, Mo.	Pattonville HS
Brigance	Rebecca	5-9		So.	RayMo.re, Mo.	RayMo.re Peculiar HS
Chowning	Kelsi	5-4		So.	Mo.untain View, Mo.	Mo.untain View HS
Colon	Kristen	5-6		Jr.	Lee's Summit, Mo.	Lee's Summit North HS
Flippin	Christine	5-2		Jr.	Kansas City, Mo.	Oak Park HS
Flowers	Kelley	5-6		Sr.	Princeton, Mo.	Princeton HS
Hackney	Holly			Fr.	Bridgeton, Mo.	Pattonville HS
McVay	Melanie			Fr.	St. Robert, Mo.	Waynessville, HS
Nixon	Camrie	5-7		Fr.	Liberty, Mo.	Liberty HS
Owensby	Andrea	5-5		Jr.	Blue Springs, Mo.	Blue Springs HS
Porter	Kassidy	5-9		So.	Bolivar, Mo.	Bolivar HS
Roth	Mallory	5-5		Jr.	Ste. Genevieve, Mo.	Ste. Genevieve HS
Strahm	Chelsea	5-9		Jr.	St. Joseph, Mo.	Benton HS
Strazdas	Ashley	5-3		Fr.	Birch Tree, Mo.	Winona HS
Tate	Jennifer			Fr.	Albuquerque, N.M.	Cibola HS
Verner	Casey	5-8		So.	Armstrong, Mo.	Armstrong HS
White	Stephanie			Fr.	Blue Springs, Mo.	Blue Springs HS
Whitfield	Erica	5-2		Jr.	Lawson, Mo.	Lawson HS

## SBU BEARCATS AT MISSOURI SOUTHERN STATE STAMPEDE

SEPTEMBER 20, 2008 • JOPLIN, MO.

**BOLIVAR, Mo. --** The SBU Bearcats are coming off a week in which their men's team took 2nd place in the UCM Mule Run without Michael Pierce, and saw Shawn Etzenhouser cross the finish line in 1st place individually. The SBU women's team finished 3rd.

Etzenhouser's 1st-place finish earned him MIAA Athlete of the Week, announced on Monday afternoon.

On Saturday, SBU will participate in the Missouri Southern State Stampede in Joplin.

"It will be a bigger meet for us, with over 200 runners in both the men's and women's race," said SBU's head coach, Corey McElhaney. "I think that it will be a good test for us. Hopefully, our upper classmen will step up and have good weekends. We've had good workouts this week and our team is ready to go to Joplin and run."

### Etzenhouser is named as MIAA Athlete of the Week

Shawn Etzenhouser, a 5-foot-11 sophomore from Liberty, Mo., won the Central Missouri Mule Run Friday evening (Sept.12).

He won on the 4-mile course with a clocking of 20 minutes, 43.75 seconds -- more than seven seconds ahead of the runner-up, UCM's Brett Carter.

The Bearcats just missed a team victory, finishing two points behind the host Mules in second place with 80 points.

Etzenhouser is a graduate of Liberty High School.

## COACHING STAFF

Head Coach . . . . . Corey McElhaney  
Alma Mater . . . . . SBU

Assistant . . . . . Ranard Adkison  
Alma Mater . . . . . Long Island University - Brooklyn

Graduate Assistant . . . . . Nikito Johnson  
Alma Mater . . . . . TBA

Volunteer Assistant . . . . . Christine McElhaney  
Alma Mater . . . . . SBU

# SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

## BEARCAT RECORDS

### MEN'S

Rank	Time	Name	Course	Date
1	24:43	T. Jay Sanderson	MIAA Championship at SBU	2006
2	24:44	Michael Pierce	Missouri Southern State	2007
3	25:28	Jeremy Glassmaker	MIAA Championship at SBU	2006
4	25:52	Micheal McCambell	MIAA Championship at SBU	2006
5	25:54	Mark Baumgartel	Missouri Southern State	1991
6	25:59	Cameron Ayers	Missouri Southern State	2007
7	25:59	Timmy Spehct	MIAA Championship at SBU	2006
8	26:07	Jon Clemence	MIAA Championships at MSSU	2002
9	26:15	Mark Stenbeck	Southwest Baptist	2001
10	26:18	Sean Holman	Missouri S&T	1989
11	26:21	Brian McKinney	MIAA Championships at PSU	1992
12	26:24	Shawn Etzenhouser	Missouri Southern State	2007
13	26:28	Clint Davis	Missouri Southern State	2003
14	26:34	Reece Tedford	Baker University	2000
15	26:35	Vince Tichenor	MIAA Championships at SBU	2006

### WOMEN'S

Rank	Time	Name	Course	Date
1	18:07	Amy Broadhurst	Southern Illinois-Edwardsville	2006
2	18:13	Courtney Ayers	Missouri Southern State	2007
3	18:34	Ashliegh Wendleton	MIAA Championships at MSSU	2002
4	18:47	Chelsea Strahm	Missouri Southern State	2007
5	18:47	Karen Sancken	Missouri Southern State	2006
7	18:56	Christine Showler	Missouri Southern State	2004
8	18:57	Lisa Bunn	Missouri Southern State	2006
9	19:02	Jackie Hodson	Missouri Southern State	2003
10	19:02	Erica Clear	University of Arkansas	1998
11	19:06	Kelsi Chowning	Missouri Southern State	2007
12	19:07	Holly Baskin	Missouri S&T	1999
13	19:08	Jennifer Cassin	Missouri Southern State	1997
14	19:09	Melissa Anderson	Missouri State	1988
15	19:11	Kristen Colon	Missouri Southern State	2006

## GENERAL INFORMATION

Name of School ..... Southwest Baptist University  
 City / Zip ..... Bolivar, Mo. 65613

Founded ..... 1878  
 Enrollment ..... 3500  
 Nickname ..... Bearcats  
 School Colors ..... Purple & White  
 Affiliation ..... NCAA Division II

President ..... Dr. C. Pat Taylor

Director of Athletics ..... Brent Good

Assistant to the Director of Athletics  
 for Academic Support and  
 Senior Woman Administrator ... Dr. L. Renae Myles

Compliance Administrator ..... Tammy Ikerd

Administrative Assistant ..... Patti Barnoskie

Faculty Athletics Representative ..... Dr. Kevin Schriver

Head Athletics Trainer ..... Mike Wolhoy

Athletics Department Phone ..... (417) 328-1787  
 Athletics Website ..... [SBUBEARCATS.COM](http://SBUBEARCATS.COM)

## ATHLETICS MEDIA RELATIONS

Assistant to the Director of Athletics  
 for Media Relations ..... Mike Pitts  
 E-mail Address ..... [mpitts@sbuniv.edu](mailto:mpitts@sbuniv.edu)  
 Cell Phone ..... (417) 328-8474

AMR Assistant ..... Vicky Bright  
 E-Mail Address ..... [vbright@sbuniv.edu](mailto:vbright@sbuniv.edu)  
 Cell Phone ..... (417) 496-0395

AMR Staff: ..... Josh Begley, Jeremy Couch, Karl Goss, Aline Lopes

AMR Phone ..... (417) 328-1799  
 AMR Fax ..... (417) 328-1745  
 AMR Mailing Address ..... SBU Athletics  
 1600 University Avenue  
 Bolivar, MO 65613

## 2007 RESULTS

Date	Meet	Location	Outcome
9/7/07	Central Missouri Mule Run	Warrensburg, Mo.	1st
9/15/07	Missouri Southern State Stampede	Joplin, Mo.	M-8th, W-5th
9/29/07	Oklahoma State Jamboree	Stillwater, Ok.	M-7th, W-6th
10/6/07	Southern Illinois- Edwardsville Border Wars	Edwardsville, Ill.	M-1st, W-3rd
10/20/07	MIAA Championship	Kirksville, Mo.	M-2nd, W-3rd
11/3/07	NCAA Division II Regionals	Joplin, Mo.	M-4th, W-6th

[SBUBEARCATS.COM](http://SBUBEARCATS.COM)



# SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

## OFFICE OF MEDIA RELATIONS

The SBU Office of Athletics Media Relations is located in the Meyer Wellness and Sports Center. The Office of Media Relations promotes SBU Bearcat Athletics through the following:

1. Writing stories about student-athletes, coaches, and teams.
2. Organizing pictures and video clips, and making them available to promote teams, events, and programs.
3. Building solid relationships with local, regional, and national media.
4. Compiling and maintaining accurate statistics and historical records.
5. Producing media guides, game notes, & press releases.
6. Maintaining the SBU Athletics' web site.
7. Protecting the design, appearance, and usage of the SBU Athletics' logo to ensure a united front and a strong brand image for SBU Athletics.

## Interviews

All media will schedule interviews of student-athletes, coaches, administration, and staff through the Office of Athletics Media Relations before visiting campus or contacting the interviewee.

The Office of Media Relations must give approval to student-athletes, coaches, administration, and staff before interviews are granted to members of the media.

Student-athletes, coaches, administration, and staff will honor interview requests made by the Office of Athletics Media Relations.

## Media

The Office of Media Relations will provide available game programs, game notes, halftime and final NCAA statistics, and sport-specific media guides to all members of the media covering the game.

Photography credentials are issued by the Office of Media Relations and must be displayed at all times. Photographers must stay in the designated photographer / media areas.

Members of the media requesting press credentials for an SBU Athletics' event should call the Office of Media Relations at least 24 hours before the event. Credentials must be displayed at all times.

Radio stations are asked to limit their play-by-play crews to no more than three people. A courtesy line is available to the official station of the visiting team. Requests to broadcast must be given to the Office of Media Relations at least 24 hours before the event. Outgoing calls must be third-party, collect, calling card, or incoming.

Student-athletes, coaches, administration, and staff are asked to conduct themselves in a professional manner, and treat members of the media with respect and courtesy.

## MEDIA OUTLETS

### Bolivar Herald-Free Press

Bill Breshears (Sports Editor)  
335 S. Springfield, Bolivar, Mo. 65613  
Phone (417) 326-7636  
Fax (417) 326-7643  
billb@cpiMo.com

### Springfield News-Leader

Kary Booher  
651 Boonville, Springfield, Mo. 65806;  
Phone (417) 836-1118  
Fax (417) 864-6677  
sports@news-leader.com

### KOLR (Ch. 10/CBS) / KSFX (Ch.27/Fox)

Dan Lucy (Sports Director)  
Rob Evans (Sports Reporter)  
2650 E Division, Springfield Mo. 65803  
Phone (417) 862-6397  
Fax (417)866-6397  
dlucy@kolr10.com  
revans@kolr10.com

### KSPR (Ch.33/ABC)

Whitney Scott (Sports Director)  
Mike Scott (Sports Reporter)  
1359 St. Louis, Springfield, Mo. 65808  
Phone (417) 831-1234  
Fax (417) 831-9358  
wscott@kspr.com  
msscott@kspr.com

### KYTV (Ch.3/NBC)

Ned Reynolds (Sports Director)  
Joe Hickman (Sports Reporter)  
999 W. Sunshine, Springfield, Mo. 65807  
Phone (800) 492-4335 or (417) 268-3220  
Fax (417) 268-3364  
nreynolds@ky3.com  
jhickman@ky3.com

### KBFL (99.9 FM) / KWTO (560 AM / 98.7 FM)

Charli Hannema (KBFL Sports Director, Play by Play)  
3000 E. Chestnut Expr, Springfield, Mo. 65802  
Phone (417) 862-5600  
Fax (417) 869-7675

### KYOO (1200 AM/99.1FM)

Stephen Paris (Sports Director)  
205 N. Pike Ave, Bolivar, Mo. 65613  
Phone (417) 326-5357  
Fax (417) 326-5900  
kyooradio@aol.com