

SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

2008 SCHEDULE

September

| | | |
|----|----------------------------------|------------------|
| 12 | Central Missouri Mule Relays | M - 2nd, W - 3rd |
| 20 | Missouri Southern State Stampede | M - 5th, W - 6th |
| 27 | Roy Griak Invitational | M - 4th, W - 6th |

October

| | | |
|----|------------------------|------------------|
| 11 | Harding Bison Stampede | Searcy, Ark. |
| 25 | MIAA Championship | Warrensburg, Mo. |

November

| | | |
|----|---|--------------------|
| 8 | NCAA Division II Regionals (Incarnate Word) | Live Oak, Texas |
| 22 | NCAA Division II Nationals (Slippery Rock) | Slippery Rock, Pa. |

Men's Roster

| | | | | | | |
|-------------|-----------|------|-----|-----|-----------------------|-----------------------|
| Ayers | Cameron | 6-0 | 140 | Jr. | Maryland Heights, Mo. | Pattonville HS |
| Bly | Andrew | 6-0 | 145 | Sr. | Kansas City, Mo. | Rockhurst HS |
| Coen | Josiah | 6-1 | | Fr. | Carthage, Mo. | Carthage HS |
| Denbow | Andrew | 6-0 | 140 | Sr. | Nixa, Mo. | Nixa HS |
| Etzenhouser | Shawn | 5-10 | 145 | Jr. | Liberty, Mo. | Liberty HS |
| Franke | Michael | | | So. | Lee's Summit, Mo. | Lee's Summit North HS |
| Glassmaker | Jeremy | 6-1 | 145 | Jr. | Marshall, Mo. | Marshall HS |
| Goodwyn | Coty | 5-11 | 115 | Sr. | Stoutland, Mo. | Stoutland HS |
| Hackney | David | 5-5 | 125 | Jr. | Bridgeton, Mo. | Pattonville HS |
| Kueker | Jesse | 5-8 | 140 | Jr. | Perryville, Mo. | Perryville HS |
| Loya | Caleb | 5-11 | 140 | So. | Springfield, Mo. | Hillcrest HS |
| McCampbell | Michael | 5-5 | 140 | Jr. | Marshall, Mo. | Marshall HS |
| Peek | Philip | 6-1 | 145 | Sr. | Springdale, Ar. | Harrison HS |
| Pierce | Michael | 5-10 | 130 | Sr. | Gladstone, Mo. | Oak Park HS |
| Rogers | Nathaniel | 5-8 | 140 | So. | Lebanon, Mo. | Lebanon HS |
| Rollins | Josh | 5-7 | 130 | Jr. | Blue Springs, Mo. | Blue Spring HS |
| SamMo.n.s | Tyler | 5-10 | 165 | Sr. | Jefferson City, Mo. | Jefferson City HS |
| Steffan | Patrick | 6-1 | 140 | So. | Kansas City, Mo. | Oak Park HS |
| Tichenor | Vince | 6-6 | 175 | Sr. | Cassville, Mo. | Cassville HS |
| Varner | RayMo.nd | 6-1 | 170 | Fr. | Kimberling City, Mo. | Kimberling City HS |
| Weseloh | Jeff | 6-1 | 150 | Sr. | Liberty, Mo. | Liberty HS |

Women's Roster

| | | | | | |
|-----------|-----------|-----|-----|-----------------------|-----------------------|
| Ayers | Courtney | 5-7 | Jr. | Maryland Heights, Mo. | Pattonville HS |
| Brigance | Rebecca | 5-9 | So. | RayMo.re, Mo. | RayMo.re Peculiar HS |
| Chowning | Kelsi | 5-4 | So. | Mo.untain View, Mo. | Mo.untain View HS |
| Colon | Kristen | 5-6 | Jr. | Lee's Summit, Mo. | Lee's Summit North HS |
| Flippin | Christine | 5-2 | Jr. | Kansas City, Mo. | Oak Park HS |
| Flowers | Kelley | 5-6 | Sr. | Princeton, Mo. | Princeton HS |
| Hackney | Holly | | Fr. | Bridgeton, Mo. | Pattonville HS |
| McVay | Melanie | | Fr. | St. Robert, Mo. | Waynessville, HS |
| Nixon | Camrie | 5-7 | Fr. | Liberty, Mo. | Liberty HS |
| Owensby | Andrea | 5-5 | Jr. | Blue Springs, Mo. | Blue Springs HS |
| Porter | Kassidy | 5-9 | So. | Bolivar, Mo. | Bolivar HS |
| Roth | Mallory | 5-5 | Jr. | Ste. Genevieve, Mo. | Ste. Genevieve HS |
| Strahm | Chelsea | 5-9 | Jr. | St. Joseph, Mo. | Benton HS |
| Strazdas | Ashley | 5-3 | Fr. | Birch Tree, Mo. | Winona HS |
| Tate | Jennifer | | Fr. | Albuquerque, N.M. | Cibola HS |
| Verner | Casey | 5-8 | So. | Armstrong, Mo. | Armstrong HS |
| White | Stephanie | | Fr. | Blue Springs, Mo. | Blue Springs HS |
| Whitfield | Erica | 5-2 | Jr. | Lawson, Mo. | Lawson HS |

SBU BEARCATS AT THE HARDING BISON STAMPEDE

OCTOBER 11, 2008 • SEARCY, ARK.

BOLIVAR, Mo. -- The SBU Bearcat cross country teams will travel south to Harding University in Searcy, Arkansas, to participate in the Harding Bison Stampede.

Harding's men's team is ranked #3 in the nation. Their women's team stands at #9 nationally. Drury University, who will also participate in the meet, currently stands at #17 in the nation on the men's side.

The men's race is 8K and the women will run 5K. It is one of SBU's smaller meets of the year, and their last before the conference meet in two weekends (October 25 in Warrensburg).

"Our kids are working hard," said SBU's head coach, Corey McElhaney. "They are responding well to the workouts we've been giving them. This is the toughest part of the season, and they've really been giving great effort. We're taking the whole squad on both sides to Harding - so every cross country runner on our roster will be going down to Searcy for the meet. It's a good, fast course, with just a few hills, so it will be a good opportunity for many of our kids to get a PR."

McElhaney reflected on the 2008 season to this point.

"We haven't hit our peak as a team yet. It seems we have one or two really great performances each week, but we need to all 'show up' so to speak - as a team - on the same weekend. That will be the key to our success, especially during the 'end of the season' races that begin in a couple of weeks."

COACHING STAFF

Head Coach Corey McElhaney
Alma Mater SBU

Assistant Ranard Adkison
Alma Mater Long Island University - Brooklyn

Graduate Assistant Nikito Johnson
Alma Mater TBA

Volunteer Assistant Christine McElhaney
Alma Mater SBU

SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

BEARCAT RECORDS

MEN'S

| Rank | Time | Name | Course | Date |
|------|-------|-------------------|----------------------------|------|
| 1 | 24:43 | T. Jay Sanderson | MIAA Championship at SBU | 2006 |
| 2 | 24:44 | Michael Pierce | Missouri Southern State | 2007 |
| 3 | 25:28 | Jeremy Glassmaker | MIAA Championship at SBU | 2006 |
| 4 | 25:52 | Micheal McCambell | MIAA Championship at SBU | 2006 |
| 5 | 25:54 | Mark Baumgartel | Missouri Southern State | 1991 |
| 6 | 25:59 | Cameron Ayers | Missouri Southern State | 2007 |
| 7 | 25:59 | Timmy Spehct | MIAA Championship at SBU | 2006 |
| 8 | 26:07 | Jon Clemence | MIAA Championships at MSSU | 2002 |
| 9 | 26:15 | Mark Stenbeck | Southwest Baptist | 2001 |
| 10 | 26:18 | Sean Holman | Missouri S&T | 1989 |
| 11 | 26:21 | Brian McKinney | MIAA Championships at PSU | 1992 |
| 12 | 26:24 | Shawn Etzenhouser | Missouri Southern State | 2007 |
| 13 | 26:28 | Clint Davis | Missouri Southern State | 2003 |
| 14 | 26:34 | Reece Tedford | Baker University | 2000 |
| 15 | 26:35 | Vince Tichenor | MIAA Championships at SBU | 2006 |

WOMEN'S

| Rank | Time | Name | Course | Date |
|------|-------|--------------------|--------------------------------|------|
| 1 | 18:07 | Amy Broadhurst | Southern Illinois-Edwardsville | 2006 |
| 2 | 18:13 | Courtney Ayers | Missouri Southern State | 2007 |
| 3 | 18:34 | Ashliegh Wendleton | MIAA Championships at MSSU | 2002 |
| 4 | 18:47 | Chelsea Strahm | Missouri Southern State | 2007 |
| 5 | 18:47 | Karen Sancken | Missouri Southern State | 2006 |
| 7 | 18:56 | Christine Showler | Missouri Southern State | 2004 |
| 8 | 18:57 | Lisa Bunn | Missouri Southern State | 2006 |
| 9 | 19:02 | Jackie Hodson | Missouri Southern State | 2003 |
| 10 | 19:02 | Erica Clear | University of Arkansas | 1998 |
| 11 | 19:06 | Kelsi Chowning | Missouri Southern State | 2007 |
| 12 | 19:07 | Holly Baskin | Missouri S&T | 1999 |
| 13 | 19:08 | Jennifer Cassin | Missouri Southern State | 1997 |
| 14 | 19:09 | Melissa Anderson | Missouri State | 1988 |
| 15 | 19:11 | Kristen Colon | Missouri Southern State | 2006 |

GENERAL INFORMATION

Name of School Southwest Baptist University
City / Zip Bolivar, Mo. 65613

Founded 1878
Enrollment 3500
Nickname Bearcats
School Colors Purple & White
Affiliation NCAA Division II

President Dr. C. Pat Taylor

Director of Athletics Brent Good

Assistant to the Director of Athletics
for Academic Support and
Senior Woman Administrator ... Dr. L. Renae Myles

Compliance Administrator Tammy Ikerd

Administrative Assistant Patti Barnoskie

Faculty Athletics Representative Dr. Kevin Schriver

Head Athletics Trainer Mike Wolhoy

Athletics Department Phone (417) 328-1787

Athletics Website SBU BEARCATS.COM

ATHLETICS MEDIA RELATIONS

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Bolivar, MO 65613

2007 RESULTS

| Date | Meet | Location | Outcome |
|----------|---|--------------------|--------------|
| 9/7/07 | Central Missouri Mule Run | Warrensburg, Mo. | 1st |
| 9/15/07 | Missouri Southern State Stampede | Joplin, Mo. | M-8th, W-5th |
| 9/29/07 | Oklahoma State Jamboree | Stillwater, Ok. | M-7th, W-6th |
| 10/6/07 | Southern Illinois- Edwardsville Border Wars | Edwardsville, Ill. | M-1st, W-3rd |
| 10/20/07 | MIAA Championship | Kirkville, Mo. | M-2nd, W-3rd |
| 11/3/07 | NCAA Division II Regionals | Joplin, Mo. | M-4th, W-6th |

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SBU BEARCAT CROSS COUNTRY WEEKLY NOTES

OFFICE OF MEDIA RELATIONS

The SBU Office of Athletics Media Relations is located in the Meyer Wellness and Sports Center. The Office of Media Relations promotes SBU Bearcat Athletics through the following:

1. Writing stories about student-athletes, coaches, and teams.
2. Organizing pictures and video clips, and making them available to promote teams, events, and programs.
3. Building solid relationships with local, regional, and national media.
4. Compiling and maintaining accurate statistics and historical records.
5. Producing media guides, game notes, & press releases.
6. Maintaining the SBU Athletics' web site.
7. Protecting the design, appearance, and usage of the SBU Athletics' logo to ensure a united front and a strong brand image for SBU Athletics.

Interviews

All media will schedule interviews of student-athletes, coaches, administration, and staff through the Office of Athletics Media Relations before visiting campus or contacting the interviewee.

The Office of Media Relations must give approval to student-athletes, coaches, administration, and staff before interviews are granted to members of the media.

Student-athletes, coaches, administration, and staff will honor interview requests made by the Office of Athletics Media Relations.

Media

The Office of Media Relations will provide available game programs, game notes, halftime and final NCAA statistics, and sport-specific media guides to all members of the media covering the game.

Photography credentials are issued by the Office of Media Relations and must be displayed at all times. Photographers must stay in the designated photographer / media areas.

Members of the media requesting press credentials for an SBU Athletics' event should call the Office of Media Relations at least 24 hours before the event. Credentials must be displayed at all times.

Radio stations are asked to limit their play-by-play crews to no more than three people. A courtesy line is available to the official station of the visiting team. Requests to broadcast must be given to the Office of Media Relations at least 24 hours before the event. Outgoing calls must be third-party, collect, calling card, or incoming.

Student-athletes, coaches, administration, and staff are asked to conduct themselves in a professional manner, and treat members of the media with respect and courtesy.

MEDIA OUTLETS

Bolivar Herald-Free Press

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